

Entrees

All Served with 2 Sides of Your Choice

Rockfish Entrée \$20 (WC)(GF)

7 Ounce Filet with Pesto Grape Tomatoes

New York Strip Steak \$24 (SR)(GF)

10 ounce Doubled Grilled with Demi Glace

Crab Cake Entree \$26 (WC)(GF)

2x 4 Ounce Cakes with Remoulade

Grilled Salmon \$19 (SR)(GF)

7 Ounce Filet with a Roasted Red Pepper Sauce

Rockfish with Crab Entrée \$24 (GF)(WC)

7 Ounce Filet Topped with 2 Ounces of Crab Cake Mix

Ravioli with Shrimp \$23 (Only Comes with 1 Side) (GF)

Gluten-Free Chicken and Kale Ravioli with 8 Sautéed Shrimp in Marinara Sauce

Sides

Mixed Green Side Salad with your Choice of Dressing (GF)

Tomato Bisque (Add Crab for \$2.75) (GF)(VE)

Vegetables of the Day (GF)(VE)

Desserts

Grilled Donut with Vanilla Ice Cream and Chocolate Sauce - \$4.50

Key Lime Tart with Fruit Sauce - \$5

Warm Chocolate Chip Cookie With Vanilla Ice Cream
and Chocolate Sauce - \$6

Gluten Free Chocolate Marble Pound Cake served with
Vanilla Ice Cream and Chocolate Sauce - \$6

Menu Release Date: 11/19/18

Elements Eatery and Mixology

If there is an old favorite we will do our best to recreate it for you
Everything is made daily so we might run out of popular items

Each day the Accompaniments and Menu may change - for each item
Please ask your server, if you have specific dietary needs

GF: Gluten Free | VE: Vegan | VG: Vegetarian | WC: Wild Caught
SR: Sustainably Raised | H: Hormone Free | A: Antibiotic Free

All Flour in the building is GMO Free

Gluten Free Wraps and Gluten Free Bread are Vegetarian – Not Vegan

Starters/Lite Fare

Bowl of Tomato Bisque Garnished with Pesto \$5 (GF)(VE)
Add Crab for only \$2.75

Roasted Corn, Bacon, and Jalapeno Cheese Fritters 12 ea \$11

Duck Fat Idaho Fries \$7 (GF)

House-Made Bread of the Day \$2 (SR)(VE)

Cheese Plate - Artigiano Classico, Italicco, Provolone Extra, Creamy
Gorg, Pepato, Dried Fruits, and Crackers \$10

Cheese & Meat Plate - Everything on the Cheese Plate, but with Wild
Boar Sausage, BBQ Pork, Grainy Mustard, and Kosher Pickles \$16

Pizza

All Served on our Wood-Fired Pizza Crusts
Gluten-Free Crusts Available No Charge Added

Chorizo (SR) with Red Sauce, Sliced Tomatoes
and Shredded Mozzarella \$13

Pepperoni (a Blend of Beef and Pork) with Hand Sliced Smoked Mozzarella
topped with Shaved Pecorino Romano \$14

Chicken (SR), Bacon, BBQ Sauce, Pulled Pork, Sliced Tomato, Red
Sauce and Shredded Mozzarella \$15

Roasted Asparagus, Caramelized Onions, Tomatoes, and Fresh Mozzarella
with our House-Made Marinara \$13

Salads

Elements Greens Salad with Radish, Grape Tomatoes,
and Cucumbers \$7 (GF)(VE)

Elements Cobb with Radish, Grape Tomatoes, Cucumbers, Cheddar, Bleu
Cheese, Roasted Peppers, Sweet Potatoes, Bacon, Avocado \$9 (GF)
Chilled Soft Poached Egg Available Upon Request, No Charge

Elements Vegan Cobb with Radish, Grape Tomatoes, Cucumbers, Roasted
Peppers, Sweet Potatoes, Avocado and Fresh Fruit \$9 (VE)

Choice of the following toppings for the above salads

Grilled Salmon(SR) 7oz \$7 | Shrimp(WC) 8oz \$7 | Pulled Pork(SR) 7oz \$5
Crab Cake(WC) \$9 | Rockfish(WC) \$7 | Pesto Chicken(SR) \$5

Sandwiches/Wraps

Everything below comes with a Salad – Substitute Soup with No Charge
Unless you want to make your sandwich/wrap a salad

Farm Sandwich \$10 (VG)(WC)

All the fresh vegetables we have with White Cheddar on top

Rockfish Wrap \$11 (WC)

Rockfish with White Cheddar, Greens, Tomato, and Remoulade

Crab Cake Sandwich \$14 (WC)

4 Ounce Crab Cake with Lettuce, Tomato, Pickle, Onion, and Remoulade

Chorizo & Cheddar Sandwich \$10 (SR)

Ground Chorizo with Caramelized Onions and Roasted Red Peppers

Chicken Pesto Sandwich \$11 (SR)

Pesto Chicken with Avocado and Mozzarella

Hawaiian Sandwich \$11 (SR)

Pulled Pork with BBQ Sauce, Pineapples, Tomato, and Mozzarella

Roasted Vegetable Platter \$15 (No Side Included) (VE)(WC)

Similar to the Farm Sandwich, but larger and easier to eat with a fork!

BBQ Pulled Pork Sandwich \$10 (SR)

Pulled Pork, Lefty's BBQ Sauce, and White Cheddar

The Cheese Sandwich \$8 (VG)

White Cheddar, Feta, Mozzarella, Gorgonzola, and Sliced Tomato

Love bacon? Add it for \$1

Dressings

Ginger Rice Wine Vinaigrette (GF)(VG)

Ranch (GF)(VG)

Dijon Aioli (GF)(VG)

Roasted Garlic Balsamic Vinaigrette (GF)(VE)